



**Health Department  
Public Health Nursing  
County of La Crosse, Wisconsin**

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[www.co.la-crosse.wi.us/Health](http://www.co.la-crosse.wi.us/Health)



**Public Health**  
Prevent. Promote. Protect.

<b>DATE: _____</b>  <b>Apply oil at bedtime.</b>    DAY 1	<b>DATE: _____</b>  <b>AM: Wash hair and remove lice/nits.</b> <b>PM: Apply oil.</b>    DAY 2	<b>DATE: _____</b>  AM: Wash hair and remove lice/nits.    DAY 3	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 4	<b>DATE: _____</b>  <b>PM: Apply oil.</b>    DAY 5	<b>DATE: _____</b>  AM: Wash hair and remove lice/nits,    DAY 6	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 7
<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 8	<b>DATE: _____</b>  <b>PM: Apply oil.</b>    DAY 9	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 10	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 11	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 12	<b>DATE: _____</b>  <b>PM: Apply oil.</b>    DAY 13	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 14
<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 15	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 16	<b>DATE: _____</b>  <b>PM: Apply oil.</b>    DAY 17	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 18	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 19	<b>DATE: _____</b>  Check for and remove lice/nits.    DAY 20	<b>DATE: _____</b>  <b>PM: Apply oil.</b>    DAY 21

S:\Public Health Nursing\Current Programs\Head Lice\Head Lice Appendices\F) Alternative Oil Head Lice Calendar.docx

*"Protect, promote and improve the health of all people in the county."*

*An Equal Opportunity Employer*